



CAMPAIGN FOR VIOLENCE AGAINST WOMEN & CHILDREN

the ant organized a campaign against violence on women and children in Chirang & Udalguri District, from November 14th to December 23rd, 2024, engaging 2,700 participants. The campaign included school sessions, community meetings, rally and film screenings to raise awareness about child marriage, child sexual abuse, cybercrime, and domestic violence.



School sessions reached 970 students (399 boys, 571 girls) across 10 schools, while community meetings engaged 623 participants (195 men, 428 women) in 8 villages. Film screenings were conducted to create awareness in 10 areas, reaching 839 participants (408 women, 431 men). Legal awareness sessions were also provided, explaining laws related to domestic violence, child marriage, and human trafficking, promoting community engagement and empowering villagers to address these issues.



25 Years
Action For Change



the ant
the action northeast trust

24TH FOUNDATION DAY

The ant celebrated its 24th anniversary this year on 13th October, 2024. As a part of this celebration a two day trip to Meghalaya was also organised for the staffs where several activities were conducted.





TLM MELA

A TLM (Teaching-Learning Material) Mela was organized by Learning Ecosystem Augmentation Project (LEAP) at Laimuti village. A total of 206 participants, including 176 students & 21 teachers, from 16 Forest Learning Centres and 2 Model Learning Centres and along with other stakeholders attended the event. The objective of the event was to raise awareness about the importance of TLM, familiarize children and teachers with its use, and facilitate observation, learning, and exchange of ideas.



FLC STUDY TRIP

A study tour was organized for the students of Forest Learning Centre on December 30, 2024, to Chirang District, Kajalgaon, with approximately 130 students participating in the tour. The objectives of the tour were to provide students with practical knowledge of the district's location and geography, to motivate and inspire students in their studies and learning while fostering improved collaboration and teamwork.



ITDPS

(Intergrated Tribal Development Project Shantipur)



An exposure visit was organized for farmers to the national award-winning farm house of Akbar Ali Ahmed, located at Deulguri, Majrabari, Chirang, Assam on 16th December, 2024. The objective of the visit was to provide farmers with an opportunity to learn from Ahmed's practical experiences and gain motivation from his success, enabling them to adopt innovative and effective farming practices.



A farmer exposure visit was organized to Pabhoi Greens, Biswanath, Assam on 23rd December 2024, where 13 farmers, participated to observe and learn about organic farming processes and seed banks.



On December 23, 2024, a farmer exposure visit was organized to Pabhoi Greens in Biswanath, Assam, where 13 farmers, participated to observe and learn about organic farming processes and seed banks, gaining hands-on knowledge and experience.



MITAMEET

The Mental Illness Treatment Alliance (MITA), Alliance gathering took place from November 5th to 7th, 2024. Representatives from 11 organizations attended the event. Dr. Mintu Moni Sarma led a session on the MITA program's history and evolution, introducing the updated MITA app.

Dr. Nilesh Mohite discussed patient adherence and psychosocial interventions. Dr. Sunil Kaul spoke on values in mental health work, while Dr. Mintu emphasized the community's role in mental health. The final day covered history-taking and psychoeducation. Participants discussed challenges like suicide and maintaining therapeutic alliances. The event concluded with gratitude and commitment to future collaboration, marking a successful gathering for the MITA Alliance.



NORTH-EAST LEVEL ULTIMATE FRISBEE TOURNAMENT



The Northeast Level Ultimate Frisbee Tournament was organized by the ant CTR(Coloring The Rainbow) on November 16th and 17th, 2024, at Ulubari, Basugaon, under Chirang District of Assam. The tournament's theme was "Play For Peace." A total of nine teams participated from Meghalaya, Silchar, and Chirang.

The tournament was graced by several dignitaries. Mr. B Saoraigwra, the MCLA of BTR, was the chief guest on the first day. Meanwhile, Mr. Bikram Sing Daimary, the District Sports Officer of Chirang District, was the chief guest on the second day.

SUS-FARM



World Food Day Celebration

Sustainable Livelihoods for Smallholder Farmers (Sus-Farm) celebrated World Food Day on November 14th at the Kuklung Cluster, attended by 45 people from diverse communities. The event focused on "Right to Food for a Better Life and a Better Future," promoting unity across caste, religion, and community.

The celebration brought together people from Hindu Bengali, Nepali, Assamese, Bengali Muslim, and Bodo tribes to share traditional foods.



EXPOSURE VISIT TO DEVELOPMENT RESEARCH COMMUNICATION AND SERVICES CENTER (DRCSC), KOLKATA

With an aim to promote sustainable agriculture, a 3-day farmers' visit to various locations, of Kolkata including Debichok, Gobindopara, Ramganga, Jagintrapur, and Sagar Madhabpur, from December 3-5, 2024 was organised by the ant. The visit showcased innovative agricultural practices, income-generating programs, and eco-friendly technologies, empowering farmers to adopt sustainable methods and improve their livelihoods.



EXPOSURE CUM TRAINING ON MATERNAL AND CHILD HEALTH

the ant organized a 4-day exposure cum training program for Community Resource Persons, Women Farmers and Asha Workers on Maternal and Child Health at the CINI (Child in Need Institute), Kolkata from December 3-6, 2024. Field visits to Anganwadi centers and Nutrition Camps were also conducted. The program aimed to enhance the capacity of community workers and promote sustainable health practices, ultimately contributing to improved maternal and child health outcomes.



Mushroom Training



On 23rd November, 2024 a basic mushroom cultivation training was provided to 16 women at No. 3 Dhakin Makra, Chirang district by Nisamuni Ray from Bodoland University.

Community Media Unit



VIDEO EDITING TRAINING

A four-day training session was organized by the Communication Media Unit (CMU), from 9th to 12th December, 2024. The training was expertly conducted by Kazi Sharowar Hussain, a professional documentary filmmaker from Barpeta. He generously shared his expertise on video editing, providing valuable insights on handling cameras, camera angles for shooting, and more.



During the intensive four-day training, the participants acquired hands-on experience with video editing using the DaVinci Resolve app. The first two days were dedicated to teaching editing skills, during which the participants practiced editing some of the old videos to become familiar with the app's features and functionality.

JOURNEY VIDEOS OF SBI FELLOWS

Two videos were released on the ant's YouTube channel, where the former SBI Fellows, Pragya Mishra and Sagarika Das shared their working experiences with the ant. Pragya Mishra, who collaborated with the Bengali Muslim community in Kuklung, Chirang, promoted livelihood initiatives under the Sus-Farm project. Sagarika Das worked with the Bodo and Assamese communities in Kuklung, Chirang, focusing on human-elephant conflicts under the Sus-Farm project.



Link: <https://youtu.be/u2v-aFOX20?feature=shared>



Link: <https://youtu.be/sFRluTclDiU?feature=shared>

BARDWI

(BOOSTING AGROBIODIVERSITY FOR RESILIENT DEVELOPMENT AND WELFARE INITIATIVE)



With an aim to create a self-reliant and environmentally conscious community where the sustainable use of indigenous edible and medicinal plants enhances food security, preserves biodiversity, and promotes natural farming practices, ant has started its new project “BARDWI” from October, 2024. As of now a total of 5 villages were identified for the project, with 8 private and government schools, including ME and LP schools, selected across these villages. An awareness program was conducted in one of the villages to inform the community about the project. Additionally, meetings were held with stakeholders from the five villages to discuss project details and ensure a collaborative approach.

DWIMU (DIVERSIFICATION WITH INTEGRATED MANAGEMENT FOR UPLIFTMENT OF PEOPLE’S LIVES)



With initiatives aimed to boost the livelihoods of weavers and farmers, while promoting eco-friendly practices and community development, 5 warping drums were handed over to 5 weaving groups, enhancing their production capacity. Six handloom group meetings facilitated information exchange and community support. Additionally, 20 Jacquard machines were distributed to weavers through the cluster committee. To promote sustainable agriculture, 5 units of vermicompost were installed for demo farms.

SISHU MELA



Rowmari Cluster successfully hosted a vibrant Sishu Mela on 4th December, 2024 bringing together students from five local schools: West Khamarpara LPS, Pub Khamarpara LPS, Pub Khamarpara MES, and Daokha Nagar LPS. Held at Pub Khamarpara MES, the event showcased the creative talents of young participants through various literary competitions, including poem recitation, essay writing, and drawing. The Sishu Mela provided an excellent platform for students to exhibit their skills, foster friendships, and develop a passion for learning.



INTERNATIONAL DAY OF PERSONS WITH DISABILITIES

The International Day of Persons with Disabilities was celebrated on December 3, 2024, at Ulubari M.E. School, Chirang. The event commenced with Mr. Biswajit Goyari, Chairman of the BTR Disability Sports Association, hoisting the flag. Dignitaries included Ms. Srai Srai Owry, Chirang District Mission Coordinator Sankalp; Ms. Samina Aktar from Mission SAKTI; Honourable B.Saoraigra, MCLA of BTR; and representatives from various organizations attended the event.

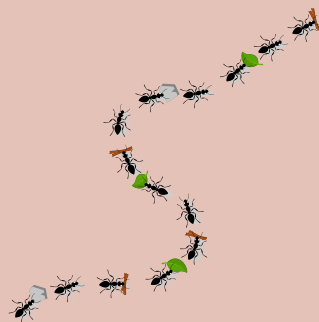
Case Study

THERAPEUTIC FRAMING VS CONTEXTUAL EXPLORATION: CASE OF ANU



Anu, a 17-year-old school dropout, from a neighboring district of the location of the ant was misdiagnosed and overmedicated for a year, leading to worsening symptoms. She was initially prescribed six medications, including antipsychotics, mood stabilizers, and sedatives, antidepressants and other nutraceuticals. Despite consultations with multiple psychiatrists and a tertiary care hospital, her condition deteriorated, with increased anger issues and psychotic features.

One of the ant's partners referred Anu to attend the ant's MITA camp, for her counseling.. After which she was given psychoeducation, and a reduced medication regimen. Within two weeks, she showed significant improvement. This case highlights the dangers of polypharmacy and the medicalization of mental health. It emphasizes the importance of cultural competence, customization of treatment strategies, and recognizing emotional distress as a natural response to challenging circumstances. A more nuanced approach to mental health management is necessary to prevent similar cases of misdiagnosis and overmedication.



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